

Gourmet Sweet Crêpes

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| Nutella | 4.95 |
| Semi sweet dark Belgian chocolate..... | 4.95 |
| Ricotta cheese and your choice of jam..... | 4.95 |
| Fresh sliced apple with brown sugar & cinnamon..... | 6.50 |
| Bananas with honey and almonds..... | 6.50 |
| Fresh strawberries with lemon juice and sugar..... | 6.50 |
| Belgian chocolate with bananas and coconut..... | 6.75 |
| Nutella with bananas and toasted almonds..... | 6.75 |
| Peanut butter, marshmallow and chocolate..... | 6.50 |
| Fresh strawberries with fresh kiwi and honey..... | 6.75 |
| Fresh strawberries with Nutella or Belgian chocolate ... | 6.75 |
| Raspberries with Nutella or chocolate, or Sugar and lemon juice | 6.95 |
| S'Mores: Marshmallow, Graham crackers and Belgian chocolate | 6.50 |
| Apple Crisp: Spiced apples with sugar and rolled oats, topped with toasted almonds, Graham cracker crumbs and one scoop of ice cream | 7.50 |
| Tiff and Tone: Our signature desert crêpe with strawberries, bananas, Belgian chocolate & two scoops of vanilla ice cream | 8.95 |



BYOSC - Build Your Own Sweet Crêpe 3.95

1: Select your choice of topping:

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|----------------|----------------|---------------------|
| Honey | Apricot jam | Lemon juice & sugar |
| Sugar & butter | Raspberry jam | Apples & cinnamon |
| Brown sugar | Strawberry jam | Marshmallow fluff |
| | Peanut butter | |

2: Extra choice: almonds, walnuts, coconut shavings, Add 0.85
Graham crackers crumbs, whipped cream

3: Extra extra choice: Nutella, Belgian chocolate, Add 1.75
strawberries, bananas, apples, spiced pears,
one scoop of vanilla ice cream

ALLERGEN NOTE: The cooking of food involves ingredients which some people may be allergic to. Please, help everyone have a pleasant day by making us aware of any food allergies you might have. We are happy to substitute any ingredients for you.

Gourmet Savory Crêpes

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| Cheese crêpe..... | 4.25 |
| Fresh sliced apples, grapes and Brie..... | 6.95 |
| Roasted mushrooms with fresh thyme and cheese..... | 6.75 |
| Fresh tomatoes with scallions, cilantro and cheese..... | 6.75 |
| Smoked ham and cheese..... | 6.95 |
| Baby spinach, roasted mushrooms, basil and cheese..... | 6.95 |
| Baby spinach, tomatoes, fresh basil and cheese..... | 6.95 |
| Bacon or Sausage, egg and cheese..... | 7.50 |
| BLT – Bacon, mesclun mix, fresh tomatoes and cheese..... | 7.50 |
| Smoked turkey, homemade cranberry sauce and cheese... | 7.75 |
| Smoked ham or turkey, egg and cheese..... | 7.95 |

Add a layer of egg to the inside of any savory crêpe

One egg 0.99 Two eggs 1.75

| Cheese choices | | |
|----------------------------|------------------|----------|
| Monterey Jack | Swiss | Ricotta |
| Marinated fresh mozzarella | Sharp Cheddar | Brie |
| Crumbled Blue cheese | Feta goat cheese | Parmesan |



BYOC - Build your own Crêpe 7.55

- Select your cheese
- Select your choice of greens: baby spinach, arugula or mesclun mix
- Select a vegetable choice: avocado, roasted bell peppers, Tomatoes, sundried tomatoes, caramelized onions, roasted Portobello mushrooms, corn relish, spiced pear
Second selection add 1.75
- Select a side garnish/spice: basil, cilantro, scallions, black olives, green olives, mango chutney, pesto, toasted almonds, toasted walnuts, coconut shavings
Second selection add 0.85
- Add a protein 2.95**
Bacon, sausage, smoked chicken, smoked turkey, smoked ham, "Merguez" (our homemade spiced ground lamb), chicken Tagine (chicken stew with veggies), salmon

We also offer a gluten free buckwheat instead of white flour

**BECAUSE OUR PURCHASE PRICES FOR INGREDIENT FLUCTUATE,
OUR PRICES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE
THANK YOU FOR YOUR UNDERSTANDING**

Signature Super Crêpes

9.95

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| Super Tagine   | Chicken Tagine with roasted chicken, roasted carrots, green olives, tomatoes, baby spinach and feta goat cheese. |
| Super Lamb   | Merguez – a spicy North African lamb sausage – with roasted bell peppers, caramelized onions, baby spinach, basil and herbed feta goat cheese. |
| Super Chicken | Smoked chicken, caramelized onions, sun-dried tomatoes, baby spinach, basil and herbed feta goat cheese. |
| Super Spinach | Two eggs with baby spinach, scallions, fresh tomatoes, cilantro, cured black olives and Monterey Jack cheese. |
| Super Turkey | Smoked turkey with roasted bell peppers, baby spinach, basil, caramelized onions, roasted mushrooms and herbed Feta goat cheese. |
| Super Salmon | Grilled salmon with homemade corn relish with peppers and red onion, baby spinach and balsamic syrup drizzle. |
| Super Pesto | Smoked chicken with fresh mozzarella cheese, homemade pesto, sundried tomatoes, roasted Portobello mushrooms and baby spinach |
| Super Chutney   | Grilled chicken with feta goat cheese, baby arugula, roasted bell peppers, fresh basil and mango chutney. |

Signature Vegetarian Super Crêpes 8.95

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| Super Fennel | Marinated fresh mozzarella cheese with shaved fennel, fresh Roma tomatoes, basil and baby spinach. |
| Super Avocado | Avocado with fresh tomatoes, baby arugula, cilantro and Monterey Jack cheese. |
| Super Pear | Spiced pears with crumbled blue cheese, toasted walnuts, and fresh baby arugula. |
| Super Bell Pepper | Roasted bell peppers with fresh baby spinach, caramelized onions, fresh basil and herbed feta goat cheese. |



= mild to a little spicy

You can request for some crêpes NOT to make them too spicy or very spicy (please ask). As default, we make them just a bit spicy, not very much.

We also offer a gluten free buckwheat instead of white flour

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Ask for our daily specials!